

Dashing Through The Show – Lights On The Bay 5k/FUN RUN – By The Carload

Come and join the 5K Run through Anne Arundel Medical Center's fabulous holiday show, Lights On The Bay at Sandy Point State Park. For one night only, you and your family can leave the car behind and see the light show at your own pace, with the Annapolis Striders Running Club and Anne Arundel Medical Center.

Due to insurance regulations safety issue: NO wheels, headphones, pets, baby joggers, or strollers etc. permitted during the event. STRICTLY ENFORCED!

Date: Friday, November 20, 2015

Gates open 5-6 pm, close to traffic at 6:00pm. No walk ups permitted.

The 5K Fun Run begins: 6:15pm, course closes at 7:15pm.

Awards Presentation: 6:45pm. First three finishers adult males, adult females, and children 12 and under will receive medals.

Admission charge: \$55 per car includes up to 5 occupants. Additional passengers \$15.00 each person including non-runners to be paid at gate.

Proceeds to benefit Anne Arundel Medical Center

AAMC Information Hot Line 443-481-3161

Advanced purchase strongly advised due to limited parking, for guaranteed admission visit: <http://www.eventbrite.com/e/dashing-through-the-show-5k-fun-run-tickets-18824646023>

Bring completed application, printed ticket voucher or check payable to AAMC Foundation on race day. Tickets are non-refundable but can be exchanged for light show pass Nov. 21st - Jan 2nd.

Annapolis Striders Registration Form

Arrive early. Parking is limited to 200 cars. NO WALK -UPS.

Last Name: _____ First

Name: _____

Street: _____ State: _____ Zip Code: _____

Birth Date: _____ Gender: M: _____ F: _____ Strider: Y: _____

N: _____

Phone: _____ Email: _____

WAIVER AND RELEASE: I recognize that participation in this activity may involve certain hazards. I understand that I should not participate unless medically able. I assume the risks associated with involvement in this activity, including but not limited to falls, contact with participants, effects of weather and road and traffic conditions, and these risks being known and appreciated by me. Having read this Waiver Release and considering the acceptance of my application, I, for myself and anyone entitled to act on my behalf; waive and release the Annapolis Striders, Inc., the Road Runners Club of America, all sponsors and host, and their representatives and successors, from any claim of liability arising from my involvement in this activity.

Signature _____